

The Gift of Forgiveness | Psalm 32:1-5

Blessed is the one whose transgression is forgiven, whose sin is covered. Blessed is the man against whom the Lord counts no iniquity, and in whose spirit there is no deceit. For when I kept silent, my bones wasted away through my groaning all day long. For day and night your hand was heavy upon me; my strength was dried up as by the heat of summer. Selah.

I acknowledged my sin to you, and I did not cover my iniquity; I said, "I will confess my transgressions to the Lord," and you forgave the iniquity of my sin. Selah.

Confession of sin

→ Confession is admitting and confronting our guilt.

Forgiveness of sin

→ Forgiveness is a commitment to freely absolve someone of their guilt.

→ Five principles of forgiveness of sin

1. The source of forgiveness is God.
2. The experience of forgiveness is from outside of us.
 - a. "Whoever conceals his transgressions will not prosper, but he who confesses and forsakes them will obtain mercy." (Proverbs 28:13)
3. The receiving of forgiveness is conditional
4. The outcome of forgiveness is reconciliation
5. The reality of forgiveness is consequential
 - a. "My son, do not regard lightly the discipline of the Lord, nor be weary when reproved by him. For the Lord disciplines the one he loves, and chastises every son whom he receives...for the moment all discipline seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it." (Hebrews 12:6 & 11)