

Scriptural Truths For Troubled Hearts | 2 Thessalonians 2:16-17

16 Now may our Lord Jesus Christ himself, and God our Father, who loved us and gave us eternal comfort and good hope through grace, 17 comfort your hearts and establish them in every good work and word.

Main Idea

The scriptural truths about God are reminders for our troubled hearts.

Body

1. Scriptural Truths

a. God Loved Us

- i. 4 For we know, brothers loved by God, that he has chosen you... - 1 Thessalonians 1:4
- ii. 13 But we ought always to give thanks to God for you, brothers beloved by the Lord, because God chose you as the firstfruits to be saved, through sanctification by the Spirit and belief in the truth. - 2 Thessalonians 2:13
- iii. 8 ...but God shows his love for us in that while we were still sinners, Christ died for us. - Romans 5:8
- iv. 5 ...God's love has been poured into our hearts through the Holy Spirit who has been given to us. - Romans 5:5

b. God Gave Us Eternal Comfort

- i. 10 He does not deal with us according to our sins, nor repay us according to our iniquities. 11 For as high as the heavens are above the earth, so great is his steadfast love toward those who fear him; 12 as far as the east is from the west, so far does he remove our transgressions from us.- Psalm 103:10-12
- ii. 28 I give them eternal life, and they will never perish, and no one will snatch them out of my hand. - John 10:28
- iii. 38 For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, 39 nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord. - Romans 8:38-39

c. God Gave Us Good Hope

- i. 3 Blessed be the God and Father of our Lord Jesus Christ! According to his great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead, 4 to an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you, 5 who by God's power are being guarded through faith for a salvation ready to be revealed in the last time. - 1 Peter 1:3-5
- ii. 3 And I heard a loud voice from the throne saying, "Behold, the dwelling place of God is with man. He will dwell with them, and they will be his

people, and God himself will be with them as their God. 4 He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away. - Revelations 21:3-4

2. Troubled Hearts
 - a. Discouraged Hearts
 - b. Weak Hearts
 - c. Legalistic Hearts