

Phillippians 4:11-13 *Not that I am speaking of being in need, for I have learned in whatever situation I am to be content. I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. I can do all things through him who strengthens me.*

Cannot find contentment in:

- Things
- People
- Circumstance

Contentment is possible through Christ's strength alone.

1 Timothy 6:7-10

...for we brought nothing into the world, and we cannot take anything out of the world. But if we have food and clothing, with these we will be content. But those who desire to be rich fall into temptation, into a snare, into many senseless and harmful desires that plunge people into ruin and destruction. For the love of money is a root of all kinds of evils. It is through this craving that some have wandered away from the faith and pierced themselves with many pangs.

It will not bring us contentment. We cannot find satisfaction in life through these pursuits.

1 Timothy 6:11-12

*But as for you, O man of God, flee these things. Pursue righteousness, godliness, faith, love, steadfastness, gentleness. **12** Fight the good fight of the faith. Take hold of the eternal life to which you were called and about which you made the good confession in the presence of many witnesses.*

Find contentment by:

- Surrendering to God
- Worship